

FACILITATING AND PARTICIPATING IN MEETINGS THAT GET RESULTS

INTRODUCTION TO RESULTS BASED FACILITATION

A RBF Primer

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"As you can see from the flow chart, the problem stems from a lack of direction."

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A MAP TO THE RBF JOURNEY

This primer and the introductory workshop are designed to provide you with a map to begin your journey to understanding core principles of Results Based Facilitation (RBF). You will be engaged in work that is both didactic and experiential as a means for you to learn about the art and theory of RBF. As a result of this workshop you will:

- Understand what Results Based Facilitation (RBF) is and what it is not,
- Explore the benefits of RBF,
- Identify foundational skills and core methods of RBF,
- Practice a cadre of RBF skills,
- Practice using RBF skills to facilitate or participate in a meeting conversation using the 3R's and developing a context, effective question(s), and listen for, and
- Identify how to apply one or more of the RBF skills in your everyday work

EXPERIENTIAL AND ADULT LEARNING

The approach to the workshop and learning RBF is grounded in an experiential learning cycle where participants repeat steps to gain an understanding of skills that will lead to mastery of skills. The cycle begins with experience, followed by reflection, discussion of key concepts, and additional practice. This cyclic approach is coupled with an understanding of how adults learn.

